



பெரியார் கலைக் கல்லூரி PERIYAR ARTS COLLEGE

Devanampattinam, Cuddalore - 607 001

(A Higher Educational Institution run by the Government of Tamilnadu)

Affiliated to Annamalai University, Annamalainagar

t: 04142 213166

www.pacc.in

✉: principal@pacc.in

PHYSICAL EDUCATION AND SPORTS POLICY

Statement

The sports culture design of Periyar Arts College is to ensure the survival ethics of Healthy human existence which dwells with the core values of Overall fitness, sportsmanship, optimistic participation and achievement are casually acquired by indulging in regular sporting and fitness activity as a recreation or competitive in nature.

Objectives

- Right to universal participate
- To develop Sports Culture in the campus
- Regulated opportunity to every sports person
- Ensure no sports drop outs
- Right to choose the game of their choice.
- Imparting the knowledge attitude in First Aid for Sports Injuries
- Scientific approach in training process
- To Erect the foundation of true sportsmanship and "No Dope"

Role and responsibility

The Director of Physical Education is entrusted to carry the entire responsibility of Sports Management through systematic selection procedure for all events in which the college team participates in the inter collegiate tournament.

The Sports advisory committee plays the role in approving every requirement of the department of physical education through recommendations and serves its best in the organization.

The team students coordinators allotted to each and every games take the responsibility in preparing the documents prior to the tournaments and in coordinating the team players for incessant practice.



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Action plan

Stepping with a grand orientation to the first years students immediately after the admission is the move to tingle their minds insisting the vitality of divine fitness and dedicated sport. Next is the four wall class room campaign to fetch the willing minds in specific sport.

Celebrating the National Sports Day every year with mass demonstration of martial arts/combatative sports like wrestling, pencak silat, boxing, archery, silambam, taekwondo, judo, mallkhamb etc.

The international yoga Day stretches the arms of motivation to engage and to encourage. Common selection trials conducted as per schedule for about two weeks for all events for both Men and Women studying in both the shifts of the college. As an added advantage 3% and 2% of seats to UG and PG respectively allotted to Sports Quota as per the norms of Higher Education of our state.

Apart from University level matches, we participate in the official District level Tournaments and selections of SDAT and recognized Associations.

The women fitness programme "I am Strong" in tamil NAAN VALIYAVAl comprises of physical fitness components there by top fifty students were awarded with medal and certificate and overall shield given to the department which elevates their students in effective existence.

The contribution of every student in the sports fund is the adequate financial support in organizing sports events. A mass participation in many sports events including separate Annual Athletics meet in the name of Annual



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Sports meet is conducted for a three to four weeks at the end of even semesters and this tournament encourages the Inter Departmental Intramurals.

We believe that a Nation is considered to be cultured if at all an Educational Institution has a Sports Culture and hence we nurture.

Love to Play ! Play to Live!

-Department of Physical Education



PRINCIPAL
PERIYAR ARTS COLLEGE
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